

Midland College Syllabus

2021 – 2022

BIOL 1322

Nutrition and Diet Therapy

Web Based

3 Semester Credit Hours



This certification mark recognizes that this course met Quality Matters review standards.

Instructor Information:

Instructor: [Click here to enter text.](#)

Phone: [Click here to enter text.](#)

Office Hours: [Click here to enter text.](#)

Office: [Click here to enter text.](#)

Email: [Click here to enter text.](#)

Notice: Students MUST actively participate by completing an academic assignment required by the instructor by the official census date. Students who do not actively participate in an academically-related activity will be reported as never attended and dropped from the course.

Course Description:

Study of the chemical, physical, and sensory properties of food; nutritional quality; and food use and diet applications. This course may **NOT** be used as a core science requirement at Midland College. Prerequisite: TSI complete in Reading and Math.

Text, References and Supplies:

Thompson, [The Science of Nutrition](#)

ISBN: 978-0134298801

Student Learning Outcomes:

Students who successfully complete this course will be able to:

Design diet plans

Describe digestion, absorption and transport of carbohydrates, lipids and proteins

Define and discuss metabolism

Apply weight management knowledge

Define and describe major vitamins and minerals and their role in the body

Define and apply life cycle nutrition as it pertains to each of the major life stages

Student Contributions, Responsibilities and Class Policies:

Students will be expected to comply with the policies outlined in the Midland College Student Handbook. Instructor policies concerning attendance and academic behavior are consistent with the policies in the student handbook. Please visit the

Midland College Catalog Logging on and working on course material is required to do well in this class.

Students will be evaluated based on the results of examinations given throughout the semester. A tentative schedule showing the due dates of all quizzes, activities and exams is below. Students are expected to meet all deadlines. There are NO make-ups for missed quizzes, activities and exams.

Withdrawal Policy:

Students who have enrolled in a Texas public institution of higher education as a first-time freshman in fall 2007 or later are permitted to drop no more than six courses during the entire undergraduate career. This limit includes all transfer work taken at a Texas institution of higher education and to second baccalaureate degrees. This statute was enacted by the State of Texas in spring 2007 (Texas Education Code 51.907). Any course that a student drops after Census Day is counted toward the six-course limit if "(1) the student was able to drop the course without receiving a grade or incurring an academic penalty; (2) the student's transcript indicates or will indicate that the student was enrolled in the course; and (3) the student is not dropping the course in order to withdraw from the institution." Please visit the Midland College Catalog

Scholastic Dishonesty:

Midland College does not tolerate scholastic dishonesty or academic misconduct in any form. Please read the MC Student Handbook on this subject. Please visit the Midland College Catalog

Evaluation of Students:

A final grade will be determined using the following formula:

| | |
|---------------------------------------|-----|
| Major Exams (midterm and final) | 67% |
| Quizzes and Assignments..... | 33% |

The MIDTERM AND FINAL EXAMS must be taken at a secure testing site. It is your responsibility to make arrangements with a college or university to proctor your exams. You will provide this information to me on your Student Profile. If you registered through Midland College, you will take your midterm and final exams at the MC Testing Center. Make an appointment with them at 432-685-4735. If you registered through another institution, you must call the testing center at that institution for an appointment.

Course Schedule:

This is an on-line class. All assignments will be completed on-line EXCEPT FOR THE MIDTERM AND FINAL EXAMS. YOU MUST TAKE THESE EXAMS AT A SECURE TESTING CENTER. A tentative schedule is shown below the syllabus.

Instructor Response Time:

My response time will vary depending on the situation. Please see the chart below.
E-mails – 24 hours – I try to check e-mail through our Tools and Messages twice a day so, you may expect your questions to be answered within 24 hours.
Quizzes – Quizzes are graded electronically so the response time is immediate.

Case Studies and Discussion Board Posts – I try to grade these within 48 hours of the due date.

Midterm and Final Exams – Part of these exams is graded electronically but the short answer questions are hand graded. I try to have these grades posted within 48 hours of exam completion.

Netiquette:

Netiquette refers to “Network Etiquette”. It is the way one should behave when sending email, posting to threaded discussions, or chatting online. Whether we are interacting with someone in person or on line, we need to be polite. Please observe the following.

1. ALL CAPS IMPLIES THAT YOU ARE SHOUTING - Please do not do this!
2. Check your spelling. Do not use text language. This course is a professional situation and you need to use your best grammar and spelling.
3. Never “say” anything that you would not want the world to see because it might!
4. Remember we are all here to learn. We are all busy people and sometimes we all make mistakes. Treat others as you would have them treat you.
5. Foul language, insults and harassment are not tolerated.

Non-Discrimination Statement

Midland College does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities. The following individual has been designated to handle inquiries regarding the non-discrimination policies:

Tana Baker

Title IX Coordinator/Compliance Officer

3600 N. Garfield, SSC 131

Midland, Texas 79705

(432) 685-4781

tbaker@midland.edu

For further information on notice of non-discrimination, visit the ED.gov Office of Civil Rights website, or call 1 (800) 421-3481.

Americans with Disabilities Act (ADA) Statement:

Midland College provides services for students with disabilities through Student Services. In order to receive accommodations, students must visit www.midland.edu/accommodation and complete the Application for Accommodation Services located under the Apply for Accommodations tab. Services or accommodations are not automatic, each student must apply and be approved to receive them. All documentation submitted will be reviewed and a "Notice of Accommodations" letter will be sent to instructors outlining any reasonable accommodations.

Math & Science Division Information:

Division Office: AHSF 124 (432) 685-4561
Division E-Mail: mns@midland.edu

Department Chair: Mr. Tomas Hernandez (432) 685-6751
Dean: Dr. Miranda Poage
Secretary: Sarah Anderson
Clerk: Liliana Orcutt

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