

Midland College Syllabus

2019-2020

PSYT 2345

x

Principles of Behavior Management and Modification

3 Semester Credit Hours

Instructor Information: Stephanie Shelton

Office: AHSF 175

Phone: (432) 685-4729

Email: sshelton@midland.edu

Office Hours: MWF 12-2; T/Th 1:30-6:30 pm

Notice: Students MUST actively participate by completing an academic assignment required by the instructor by the official census date. Students who do not actively participate in an academically related activity may be reported as never attended and dropped from the course.

Course Description:

Examination and assessment of the symptoms, etiology, and treatment procedures of mental, emotional, and behavioral disorders.

Text, References and Supplies:

- **Required:**

- Walton, David, et.al. Emotional Intelligence-A Practical Guide. The Guilford Press, 1993.

- **Optional:**

- Miller and Rollnick. Motivational Interviewing, 2nd ed. The Guilford Press, 2002.

- * Please refer to the DSHS website for licensure requirements: [State of Texas DSHS](#)

Student Learning Outcomes:

- Apply behavioral management and cognitive theories to formulate various behavior management plans
- Utilize behavioral techniques and strategies.

Attendance Policy:

It is the responsibility of the students to know the policies and procedures associated with absences. These policies are set by instructors. Excused absences may include, but are not limited to, illness, severe weather, and death in the family. Instructors will determine whether or not an absence is excused. Please visit the [Midland College Catalog](#)

Students will be evaluated based on the results of examinations given throughout the semester. A tentative schedule showing the due dates of all quizzes, activities and exams is below. Students are expected to meet all deadlines. There are NO make-ups for missed quizzes, activities and exams.

All students are required to come to class **prepared**, which means having assignments completed **prior to class**, not in class. All assignments shall be typed and presented in a professional manner and turned in **ON TIME**.

The student is ultimately responsible for his/her own learning and professional growth, what you put into this course is what you will get out of it. It is ultimately the student's responsibility to conduct a realistic self-appraisal of what you personally need to master and how you can best attain it to successfully complete this course. **Challenge yourself to grow both individually and professionally.**

Student Contributions and Classroom Policies:

Students will be expected to comply with the policies outlined in the Midland College Student Handbook. Instructor policies concerning attendance and academic behavior are consistent with the policies in the student handbook. [Midland College Student Handbook](#)

Logging onto Canvas and completing course material is required in order to be successful in this class.

Withdrawal Policy:

Students who have enrolled in a Texas public institution of higher education as a first-time freshman in fall 2007 or later are permitted to drop no more than six courses during the entire undergraduate career. This limit includes all transfer work taken at a Texas institution of higher education and to second baccalaureate degrees. This statute was enacted by the State of Texas in spring 2007 (Texas Education Code 51.907). Any course that a student drops after Census Day is counted toward the six course limit if "(1) the student was able to drop the course without receiving a grade or incurring an academic penalty; (2) the student's transcript indicates or will indicate that the student was enrolled in the course; and (3) the student is not dropping the course in order to withdraw from the institution." Please visit the [Midland College Catalog](#)

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The student is ultimately responsible for his/her own learning and professional growth, what you put into this course is what you will get out of it. It is ultimately the student's responsibility to conduct a realistic self-appraisal of what you personally need to master and how you can best attain it to successfully complete this course. **Challenge yourself to grow both individually and professionally.**

Scholastic Dishonesty:

Midland College does not tolerate scholastic dishonesty or academic misconduct in any form. Please read the MC Student Handbook on this subject. Please visit the [Midland College Catalog](#)

Confidentiality:

These classes prepare you for a career in counseling. Some class discussions will deal with confidential material. Privileged information that is shared in class may under **NO CIRCUMSTANCES** be repeated or shared outside of the classroom. In regards to written materials, your **OWN** feelings, opinions, and/or insights may be shared. You are training to be professionals, act as a professional and use professional **ETHICS!** If you question whether classroom information should be shared, **DO NOT share.**

You are responsible for all work covered in class, even if absent. In the case you are absent; it is **your responsibility** to contact another student to obtain material missed.

Discussions “glorifying” substance abuse will not be tolerated. After the first warning, the instructor may remove the student from the class for such behavior.

Course Schedule:

See Attached

Evaluation of Students:

Students will be evaluated according to the following criteria:

1. Completion of quizzes as assigned on Canvas.
2. The student will attend all classes or provide acceptable documentation for excused absence; excused absences are given at the discretion of the instructor. **No more than three excused absences are allowed.**
3. Journal daily on a personal behavior change with reference to the **Stages of Change** while performing a **Functional Behavioral Analysis** and applying various techniques to bring about change.
4. Develop and use an accepted treatment plan on the targeted behavior.
5. Submit a typed 5-7 page typed paper using 12-point font and 1-inch margins that is double-spaced. The content of this paper will a) summarize the student behavior change using the **Stages of Change**, b) identify the treatment plan including any revisions made and why, c) identify techniques applied and their success, d) explain behavior change in relation to the Stages of Change, and e) orally present the behavior change and strategies to the class using a visual aid.
6. Behave in an ethical manner as defined by the professional code of ethics.

Assignments	Percentage of Grade	Grade Range	Quizzes & Mid-term	35%	90-100 A
Attendance		20%			89-80 B
Journal		15%			79-70 C
Treatment Planning		15%			69-60 D
Final Exam		15%			59-0 F

Netiquette

Netiquette refers to “Network Etiquette”. It is the way one should behave when sending email, posting to threaded discussions, or chatting online.

Whether interacting with someone in person or on line, I expect students to be polite and use culturally acceptable behavior. Please observe the following:

1. ALL CAPS IMPLIES THAT YOU ARE SHOUTING – **Please** understand this and how others might take it. All caps should be used only if warranted.

2. Check the spelling in your document or post before submitting through the internet **or** in person.
3. **Do not use text language.** This course should be treated in a professional manner. I expect all students to use their best grammar and spelling. **Remember:** you are training to be a professional!
4. Never put anything online that you would not want the world to see because it might! People take screen shots **all of the time**; if you post anything online it can be used against you.
5. Remember we are **all** here to learn. We are all busy people. We all are capable of making mistakes. **Treat others as you would have them treat you.**
6. Foul language, insults, and any form of harassment will not be tolerated. Cyber bullying is a serious issue that is **illegal**; do not post **ANYTHING** that could be mistaken as cyber bullying.

Student Issues:

If you experience any issue that needs addressing in this course, the protocol to follow in order to get your needs met and your issue heard follows:

1. Visit with your instructor and explain the issue you are experiencing in order to find a solution.
2. If a solution is not found, visit with the ADAC Program director.
3. If your difficulty **STILL** has not been remedied, call the Dean and make an appointment for your issue to be heard.

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[Midland College Student Handbook](#)

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ADA Statement:

Midland College provides services for students with disabilities through Student Services. In order to receive accommodations, students must place documentation on file with the Counselor/Disability Specialist. Students with disabilities should notify Midland College prior to the beginning of each semester. More information can be found at the [Midland College Catalog](#), or by contacting the Midland College Disability Specialist at 685-4505.

Student Services will provide each student with a letter outlining any reasonable accommodations. The student must present the letter to the instructor at the beginning of the semester.

Midland College does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities. The following individuals have been designated to handle inquiries regarding the non-discrimination policies: **Tana Baker, Title IX Coordinator/Compliance Officer, 3600 N. Garfield, SSC 242, Midland, TX 79705, (432) 685-4781, tbaker@midland.edu**; **Natasha Morgan, Director Human Resources/Payroll, 3600 N. Garfield, PAD 104, Midland, TX 79705, (432) 685-4534, nmorgan@midland.edu**. For further information on notice of non-discrimination, visit <http://wdcrobcolp01.ed.gov/CFAPPS/OCR/contactus.cfm> or call **1 (800) 421-3481**.

Spanish

Midland College no discrimina por motivos de raza, color, nacionalidad, sexo, discapacidad, o edad en sus programas o actividades. Las siguientes personas han sido designadas para responder a cualquier pregunta o duda sobre estas políticas no discriminatorias: **Tana Baker, Title IX Coordinator/Compliance Officer, 3600 N. Garfield, SSC 242, Midland, TX 79705, (432) 685-4781, tbaker@midland.edu**; **Natasha Morgan, Director Human Resources/Payroll, 3600 N. Garfield, PAD 104, Midland, TX 79705, (432) 685-4534, nmorgan@midland.edu**. Para más información sobre estas políticas no discriminatorias , visite <http://wdcrobcolp01.ed.gov/CFAPPS/OCR/contactus.cfm> o llame al 1 (800) 421-3481.

Division Information:

Division Dean:	Dr. Frank De LaO	175 MHAB	(432) 685-6812
Department Chair:	Ms. Stephanie Shelton	175 AHSF	(432) 685-4729
Division Secretary:	Ms. Angelina Dolaptchieva	174 MHAB	(432) 685-6829
Division Clerk:	Ms. Adelle Dowling	176 MHAB	(432) 685-6830

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