

**Midland College  
Syllabus  
RNSG 2213  
Mental Health Nursing (2-1-0)**

**COVID-19 Addendum**

Classes at Midland College are face to face with an online component.

**Course Description**

Principles and concepts of mental health, psychopathology, and treatment modalities related to the nursing care of clients and their families. This course lends itself to a blocked approach.

Corequisite courses for this course is RNSG 1163

**Text, References and Supplies:**

Text

- ATI Nursing Education. (2019) RN Mental Health Nursing Content Mastery, (10<sup>th</sup> ed.).
- ATI Nursing Education: Community Health. (2019), (8<sup>th</sup> ed.).
- LaCharity, L. A., Kumagai, N. B. and Bartz, B. *Prioritization, Delegation, and Assignment: Practice Exercises for NCLEX Examination*. (4th ed.), Elsevier.
- RNSG 2213 References available online through Canvas.
- Handbook of laboratory diagnosis tests and nursing medications (drug handbook), currently used in the nursing program.
- All other ATI resources.

**WECM End-of-Course Outcomes:**

Explain the roles of the professional nurse in caring for patients and families experiencing mental health problems; use therapeutic communication; utilizes critical thinking skills and a systematic problem-solving process for providing care to patients and families experiencing mental health problems.

**Student Learning Outcomes:**

The following course student learning outcomes (SLOs) are based on the Differentiated Essential Competencies (DECs) identified by the Texas Board of Nursing for the professional nursing roles of Member of a Profession (MOP), Provider of Patient-Centered Care (PPCC), Patient Safety Advocate (PSA), and Member of the Health Care Team (MHCT). Upon successful completion of the course, the student will:

1. Explain the therapeutic role of the nurse necessary to establish trusting, interpersonal relationships with adult clients who have mental health or mental illness care needs. (MOP A-B)
2. Discuss the patient's physical, psychosocial, social and spiritual responses to illness. (MOP-B)

3. Identify rules and regulations affecting nursing practice particularly in mental health settings (MOP-A)
4. Recognize the therapeutic communications skills in the nurse-patient relationship.
5. Develop the plan of care utilizing a systematic problem-solving process. (PPCC-C)
6. Describe the basic concepts of nursing including healthcare delivery, community-based nursing, critical thinking, ethical decision-making, the nursing process, health education, health promotion and health assessment (PPCC-E; MOP-C)
7. Explain the rationale for the various pharmacological and treatment modalities utilized in nursing of the adult psychiatric nursing client (PSA-B)
8. Identify the safe, effective nursing care for individual with selected conditions or needs relating to abuse or neglect, behavioral interventions, chemical and other dependencies coping mechanisms, crisis interventions, grief and loss, religious and spiritual influences on health, sensory and perceptual alterations, stress management, support systems, therapeutic communications, and the therapeutic environment. (PSA-A)
9. Describe the structure, function, and interdisciplinary relationships within the healthcare delivery system (MHCT-A, G)
10. Examine the role of the professional nurse as a patient advocate particularly in mental health settings. (MHCT-B, G)

**Course Outline:**

- I. Foundations for Mental Health Nursing
- II. Traditional Nonpharmacological Therapies
- III. Psychobiologic Disorders
- IV. Psychopharmacological Therapies
- V. Specific Populations
- VI. Psychiatric Emergencies

**Student Learning Outcomes:**

Refer to Canvas in Modules for Student Learning Outcomes (SLOs).

**Student Contributions, Responsibilities and Class Policies:**

1. Students will be expected to comply with the policies outlines in the Midland College Catalogue and Student Handbook and the Midland College Associate Degree Nursing Program Student Handbook.
2. Students will be expected to attend class on time and to be prepared with weekly content that is assigned and will be reviewed in class.
  - Refer to course calendar for course content and weekly assignments.

- If a student is late for class, the student will be required to stay outside the class until there is a break which are offered periodically throughout the class time.
  - If an absence is unavoidable, the student is responsible for obtaining covered material from another student.
3. Students will be expected to bring their required textbook(s) and additional material as requested.
  4. Students can expect class time will be used primarily for lectures, application exercises such as case studies, concept maps, poster boards, role-playing, group activities, simulation, independent study, non-proctored quizzes, proctored testing, and guest speakers.
    - Class participation is crucial for successful completion of course.
    - Students are expected to be accountable for their own learning.
    - The student is responsible for any material covered through lecture, audio-visual media, class presentations, independent study, required readings and assignments, and guest speakers. This information will be included on the unit and final exams.
    - Students are expected to identify their learning needs according to the SLOs and request assistance from the instructor as needed. Students may contact the instructor by preferred method during campus hours M-F 0800-1700, scheduled office hours, and by appointment.
  5. Students will be expected to utilize the online environment primarily through Canvas and Assessment Technology Institute (ATI) online learning system nursing products. In addition, other online learning environments may be utilized by the instructor.
    - If a student has access issues with off-campus connections, the student is responsible to contact the online entity to resolve the issue.
    - If a student has computer issues on their personal computer, the student is responsible for resolving the issue and must be prepared to have a back-up plan.
    - Students should utilize the Help Desk for issues with Canvas.
  6. Students are expected to exhibit honesty and integrity.
    - Students are to work on assignments and submit work without any assistance from family, other students, or friends unless the instructor has authorized collaboration or group work.
    - Students are not to share, copy, or take a picture of assignments and/or share with other students. If it is discovered and confirmed the above was violated, disciplinary action will be taken up to and including program dismissal.
  7. All assigned course work must be complete with submission on or before the due date as posted on the course calendar.
    - No assignment is optional.
    - If an assignment is late, the student will receive zero "0" points in the grade book for the assignment.

- Submission of every assignment must be complete before the end of the semester except for extenuating circumstances where the student receives a grade of Incomplete "I."
8. Students are expected to submit assignments electronically or manually with correct grammar, spelling, and punctuation.
    - If an assignment is submitted manually it must be neat and clean, without creases, stains, or smell of tobacco or perfume.
  9. While in class students must not make or receive phone calls, receive or send text messages, or participate in any way with media communication except as requested by the instructor. There will be no recording of the instructor at any time. Internet use is for course assignments and research only.
    - Refer to the Midland College Associate Degree Nursing Student Handbook policies: Electronic Communication Equipment and Professional Conduct.
  10. Students are responsible for maintaining a current e-mail address via Canvas. Students are responsible for checking Canvas daily for announcements on changes in the course by the instructor. It is the student's responsibility to make sure that the e-mail address is correct and updated with a name change.
  11. The student cannot perform any skill which has not been previously taught. You must have received a pass on the clinical checkoff demonstration, and the skill must be on your skills sheet showing successful completion. You understand that watching a video or reading about a skill does not constitute your ability to perform the skill. Once you have passed a skill checkoff and your form has been signed off by the instructors, then you may perform the skill, but only in the presence of your instructor, adjunct instructor, or assigned RN of the unit. You may not perform a skill under the supervision of a doctor or any other health professional. The performance of a skill that has not been taught and checked off successfully with a pass, or performed without the instructor, adjunct instructor or preceptor RN assigned to constitutes removal from the program.
  12. All students, are not allowed to take or receive any orders from the doctor, accepting an order is out of the scope of practice for a student nurse.

**Testing:**

Course exams in the Associate Degree Nursing program will adhere to the Testing policy found in the Nursing Student Handbook.

**ATI Practice and Proctored Content Mastery Exams:**

Students will participate in ATI practice and Content Mastery exams. Refer to the attached "Requirements and Grading Grid for ATI Content Mastery Exams."

## Evaluation of Students

A course grade of  $\geq 70\%$  or better is necessary to pass RNSG 2213. There will be no rounding of final grades. A semester grade of less than "C" will not be acceptable as passing in any required nursing course or course leading to a degree.

A= 100-90  
B= < 90 and  $\geq 80$   
C=< 80 and  $\geq 70$   
D=< 70 and  $\geq 60$   
F= < 60

Note: To qualify to take the final exam in RNSG 2213, the student must have a passing average  $\geq 70\%$  on the major exams as listed:

- Unit 1 exam
- Unit 2 exam
- Unit 3 exam
- Unit 4 exam

Students are required to schedule a conference with the instructor for any unit exam score  $\leq 70\%$ . Scheduling the conference with the instructor is the student's responsibility.

Note: If the average of the major exams is less than 70% at the time the final exam is given, the student will not be allowed to take the final exam and will receive a grade of "D" in the course. The Readmission policy found in the Nursing Student Handbook applies to students seeking to repeat the course.

Grades will be calculated as follows for the final course grade:

1. Unit Exams
  - Unit 1 exam 12.5%
  - Unit 2 exam 12.5%
  - Unit 3 exam 12.5%
  - Unit 4 exam 12.5%
  - Total Unit Exams 50%
2. Final Exam 25%
3. ATI Content Mastery Mental Health Exam 10%
4. Quizzes, Assignments 10%
5. Process Recording 5%
- Total 100%

## Assignments

Students will participate in assignments as designated by the instructor. Assignments are to assist the student in preparation for class and for the unit and final exams. Late assignments will receive zero "0" points. Refer to course calendar. A score of 100% is required for the ATI

Learning Systems Mental Health Practices Quiz 1 and 2 and the Final Quiz. A score of 90% or greater is required for the 2016 Content Mastery Practice Exams A and B.

### **Quizzes**

Students will take quizzes proctored by the instructor in class. If a student misses a class there is no make-up allowed for the quiz. The student will receive zero "0" points. Refer to course calendar.

### **Attendance Policy:**

Refer to Midland College Student Handbook.

Covid-19 addendum: Refer to the Midland College Student Handbook

### **Withdrawal Policy:**

Students who have enrolled in a Texas public institution of higher education as a first-time freshman in fall 2007 or later are permitted to drop no more than six courses during the entire undergraduate career. This limit includes all transfer work taken at a Texas institution of higher education and to second baccalaureate degrees. This statute was enacted by the State of Texas in Spring 2007 (Texas Education Code 51.907). Any course that a student drops after Census Day is counted toward the six-course limit if "(1) the student was able to drop the course without receiving a grade or incurring an academic penalty (2) the student's transfer indicates or will indicate that the student was enrolled in the course; and (3) the student is not dropping the course in order to withdraw from the institution." Refer to Midland College Student Handbook.

### **Scholastic Dishonesty:**

Midland College does not tolerate scholastic dishonesty or academic misconduct in any form. Please read the Midland College Student Handbook on this subject.

### **Course Schedule:**

A detailed course schedule will be provided to students at the start of the class through Canvas. This class meets two hours per week.

### **Americans with Disabilities Act (ADA) Statement:**

Midland College provides services for students with disabilities through Student Services. In order to receive accommodations, students must visit [www.midland.edu/accommodation](http://www.midland.edu/accommodation) and complete the Application for Accommodation Services located under the Apply for Accommodations tab. Services or accommodations are not automatic, each student must apply and be approved to receive them. All documentation submitted will be reviewed and a "Notice of Accommodations" letter will be sent to instructors outlining any reasonable accommodations.

### **Continuity of Instruction Statement:**

In the event that on campus activities are suspended due to extenuating circumstances, such as weather or quarantine, the instructor will continue instruction in a manner that best supports the course content and student engagement. In this event, your instructor will notify students of the change via canvas. At that time, they will provide details how instruction and communication will continue, how academic integrity will be ensured, and what students may expect during the time that on campus activities are suspended. If a student becomes unable to continue class

participation due to extenuating circumstances, (e.g., health and safety, loss of power, etc.) the student should contact their instructor and advisor for guidance. Resources are available to students via the SOS program. Information can be found at <https://www.midland.edu/services-resources/student-services/sos.php>.

### **Grievances or complaints:**

Concerns should be expressed as soon as possible to allow for early resolution. Midland College encourages students to discuss their concerns with their instructor first. If you feel uncomfortable discussing your situation with your instructor, students should discuss their concerns with the Chair of the appropriate department (Associate Degree Nursing Chair - Dian White 432-685-4594), then the Dean of Health Sciences and Math and Science - Dr. Miranda Poage (432-685-6745). If a resolution is still not possible, students may proceed with the formal complaint process.

<http://catalog.midland.edu/content.php?catoid=14&navoid=2579#grievances-and-complaints>

### **Licensure Eligibility Notification:**

Completion of Midland College degrees and/or certificates does not guarantee eligibility to take a certification/registry/licensure examination. The eligibility of each person is determined on an individual basis by the regulatory body of the specific discipline. If you have a conviction of a crime other than a minor traffic violation, physical or mental disability/illness, hospitalization/treatment for chemical dependency within the past five years, current intemperate use of drugs or alcohol or a previous denial of a licensure or action by a licensing authority, you will need to contact the specific regulatory body for an individual ruling. Some programs require a criminal background check and urine and drug screen.

### **Inclement Weather:**

Refer to Midland College Inclement Weather Policy.

### **Non-Discrimination Statement:**

Midland College does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities. The following individual has been designated to handle inquiries regarding the non-discrimination policies:

Wendy Kane  
Title IX Coordinator/Compliance Officer  
3600 N. Garfield, SSC 123  
Midland, Texas 79705  
(432) 685-4695

For further information on notice of non-discrimination, visit the ED.gov Office of Civil Rights website, or call 1 (800) 421-3481.

### **Health Sciences Division Information:**

Division Dean:  
Program Chair:  
Division Secretary:  
Instructor: